

## ULTIMATE DAILY®

Sometimes the hectic pace of everyday life can cause you to neglect the nutritional needs of your body. That's why we've formulated a supplement for people like you: people on the go. Ultimate Daily® has a formulation that is so complete and convenient, it contains a full day's supply of vitamins, minerals, and antioxidants. This broad spectrum of ingredients will enhance the circulatory system and fuel your body. Ultimate Daily® is an easy and convenient choice for anyone concerned about their health.

- Complete source of vitamins and minerals
- Promotes immune system health
- Supports respiratory health
- Supports healthy bones and joints
- Supports cardiovascular health
- Easy-to-swallow tablets
- All natural\*



Item# 21831 - 180 Tablets



## Supplement Facts

Serving Size: 2 Tablets      Servings Per Container: 90

Amount per Serving	% Daily Value†	Amount per Serving	% Daily Value†
Vitamin A (as beta carotene)	4,000 IU 80%	Manganese (from manganese amino acid chelate)	2 mg 100%
Vitamin C (as ascorbic acid)	400 mg 667%	Chromium (from chromium citrate)	40 mcg 33%
Vitamin D (as ergocalciferol)	300 IU 70.6%	Potassium (from potassium amino acid chelate)	120 mg 3%
Vitamin E (as d-alpha tocopheryl acetate)	100 IU 333%	L-Cysteine (from L-cysteine HCl)	100 mg **
Thiamin (as thiamin HCl)	20 mg 1333%	DL-Methionine	30 mg **
Riboflavin	20 mg 1176%	Para-Aminobenzoic Acid	30 mg **
Niacin (as inositol hexanicotinate)	20 mg 100%	Inositol	20 mg **
Vitamin B6 (as pyridoxine HCl)	20 mg 1000%	Chondroitin Sulfate	14 mg **
Folic Acid	150 mcg 37%	Dimethylglycine	14 mg **
Vitamin B-12	40 mcg 667%	Thymus Gland Powder	14 mg **
Biotin	20 mcg 7%	Ginkgo Leaf (Ginkgo Biloba) p.e.*	10 mg **
Pantothenic Acid (as calcium pantothenate)	30 mg 300%	24% ginkgo flavone glycosides/ 6% terpeno lactones	
Calcium (from hydroxylapatite phosphate)	400 mg 40%	L-Carnitine (fumarate)	10 mg **
Iron (from ferrous)	2 mg 11%	Bilberry Fruit (vaccinium myrtillus) p.e.*	8 mg **
Iodine (from kelp)	40 mcg 27%	25% anthocyanidins	
Magnesium (from magnesium amino acid chelate)	100 mg 25%	Co-enzyme Q-10	4 mg **
Zinc (from zinc amino acid chelate)	4 mg 27%	Hawthorn Berry (crataegus laevigata) p.e.*	1.8 vitexin **
Selenium (from selenium amino acid chelate)	60 mcg 85%		
Copper (from copper amino acid chelate)	50 mcg 2%		

\*\* Daily Value not established  
\* Standardized powdered extract  
† % Daily Values based on 2,000 calorie diet

Other Ingredients: Stearic acid (vegetable source), plant cellulose, cellulose gum, magnesium stearate (vegetable source), magnesium silicate, and silicone dioxide.

\* These statements have not been evaluated by the FDA. This is not intended to diagnose, treat, cure or prevent any diseases.